

Marysville ePlay Register Online

for Classes and Activities Marysvillewa.gov









Spring-Summer Family Activities & Community Events

April 4

10-11 a.m. Jennings Park, 6915 Armar Road Easter Egg Hunt Presented by Marysville Parks and Recreation, Marysville Noon Rotary Club, Steve Fulton State Farm Insurance. Grandview Village and Kids 'N Us, the annual Easter Egg Hunt features more than 10,000 plastic eggs filled with candy and prizes hidden around the Jennings Memorial Park Rotary Ranch. Limit 8 eggs per child. Bring a canned food item for the Marysville Community Food Bank. Please leave pets at home.

Children's Craft Fair at Easter Egg Hunt

It's a craft fair just for kids at Jennings Park Barn! Kids ages 6-13 may register for a booth for this fair which runs from 9:30-11:30 a.m. Vendor fee includes a table space, chair and a vendor packet with helpful selling tips! Children must be accompanied by an adult while participating in the show. Invite your friends and family!

April 11

10 a.m.-4 p.m. Totem Middle School 1605 7th St. Spring Craft and Garden Show Over 60+ vendors with handmade and commercial items for sale including handmade soaps, garden art, metal work, pottery, clothes, cards, decor, plants and more! In addition, the Marysville Rock and Gem Club will have a special section selling rocks and gems, too! Call (360) 363-8450 for vendor information. Admission is free for shoppers!

May

April

Fishing Derby

May 2 8 -11 a.m. Kiwanis Pond at

Jennings Park, 6915 Armar Road The Marysville Kiwanis Club, Everett Steelhead and Salmon Club, John's Sporting Goods and Marysville Parks and Recreation are sponsoring the 20th Annual free Fishing Derby. Children may bring their own equipment or use the equipment that is provided. A limit of one fish per entrant will be enforced. The Kiwanis Club will sponsor a Pancake Breakfast from 8-11 a.m. at the barn. Breakfast is \$3 a plate for kids and \$5 for adults. Participants are asked to bring a canned food item to be donated to the Marysville Community Food Bank. Please leave pets at home.





June

Healthy Communities Challenge Day - (See back inside cover for details) **Marysville Strawberry Festival and Grand Parade** - Visit: www.maryfest.org

July

Sounds of Summer Concert Series - Friday nights (See back cover for details)

Sounds of Summer Children's Concerts - Wednesdays (See back cover for details)

Poochapalooza Outdoor Dog Event - Saturday - Visit http://poochapalooza.org/

Popcorn in the Park Movie Series - Saturdays (See back page for details)

July 10-Aug. 14 July 8 & Aug. 5 July 11 July 11-Aug. 16

June 6

June 13-21

Junk in the Trunk - The Ultimate Flea Market!

Junk in the Trunk is a huge sale where over 60 vendors park in one space and use an adjacent parking stall to sell their wares. Find treasures like toys, clothes, collectibles, crafts, furniture, housewares, antiques, flea market finds and more! Rain or shine event. For vendor information call (360) 363-8450 or email mburgess@marysvillewa. gov. Applications will be available starting April 2.

July 11
10 am - 2 pm
Municipal Court
Parking Lot
1015 State Ave.

Aug. 7-9

Aug. 22

Marysville Street Festival - Visit http://www.marysvillemerchants.com

Scrub-a-Mutt - Visit http://www.save-a-mutt.org

September

Touch A Truck

August

The City of Marysville invites you to Touch A Truck on Saturday, Sept. 12, an event that puts your kids in the driver's seat of Marysville's biggest heavy-duty rigs. Honk the horns, set off sirens, on dump trucks, police vehicles, fire engines, garbage trucks, and more. For information please call (360) 363-8400. Please bring a donation for the Marysville Community Food Bank.



Sept. 12

10 a.m.- 1 p.m. Asbery Field 1605 7th St. NE

SPRING-SUMMER PARKS & RECREATION GUIDE



Find a Park

Marysville has 447 acres of parks and 21 miles of trails in its park system inventory. To view a complete list, visit the City website, and look on the Parks menu for the "Find a Park" button, or call the Parks Office at (360) 363-8400.



LIKE US for last minute calendar entries and announcements



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Registration Information on Page 30, or online thru ePlay - www.marysvillewa.gov



Community Program Sites/Facilities

Allen Creek Elementary School 6505 60th Drive NE

Cedarcrest Middle School Gym 6400 88th Street NE

Community Center 514 Delta Avenue

City Hall Council Chambers 1049 State Avenue

> Jennings Barn Park 6915 Armar Road

Jennings Park Ballfield 6915 Armar Road

Jennings Park Rotary Ranch 6915 Armar Road

Kung Fu 4 Kids Academy 804 Cedar Avenue

Lakewood High School 17110 16th Drive NF

Living Room Coffee House 1212 State Avenue

> Marysville Library 6120 Grove Street

Marysville Middle School 4923 67th Street NE

Marysville Municipal Court 1015 State Avenue

Strawberry Lanes Bowling Alley 1067 Columbia Avenue

Totem Middle School Cafeteria 1605 7th Street

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SUMMER CAMPS



Day Camp

Welcome to Summer Day Camp! Your child will love making new friends, playing sports and games, creating arts and crafts, participating in camp songs and skits, having adventures and much more! Our amazing camp crew will have your camper excited about summer camp and begging to come back for more. Please see weekly descriptions for swim and field trip information. Each week has a different theme, so whether your child enjoys the outdoors, games, crafts, water or just wants to play, there is sure to be a week for them. Join us for a week or the entire summer. Bring a lunch and water to camp. See you at camp!

Instructor: Parks and Recreation Staff Location: Allen Creek Elementary

Age: 7-12......Cost: \$99* weekly

*Multi-camp savings! Register for 4 or more weeks of camp in one transaction and save \$10 per week. OFFICE REGISTRATION ONLY FOR THE MULTI-CAMP SAVINGS (multi-camp savings must be within the same household); online registration is not available for the multi-camp savings.

Day Camp - Time Machine Madness

All aboard for a ride through time! Each day of camp will feature a different moment in time. Campers will get a glimpse of the dinosaurs of the Jurassic era, visit the wild west of the 1800's, take a stop in the fabulous 50's, rock to the 80's including a trip via Community Transit to Strawberry Lanes, and blast off into the possibilities of tomorrow! This is sure to be a week to remember.

Course #:14096 Mon-Fri June 22-26 9:30am-3:30pm

Day Camp - Inventors Workshop

Inventers needed! This week is all about bringing your own wacky inventions to life. Camp includes challenges such as boats that float, the popular egg drop, invent a game, water relay challenge and even inventing new flavors of ice cream. It is sure to be a funtastic week! Camp includes a Wednesday swim at the YMCA.

Course #: 14097 Mon-Thu June 29-July 2 9:30am-3:30pm \$79

Day Camp - Game Show Mania

Come on down....you're the next contestant on Game Show Mania! Campers will go gaga over water balloon battleship, human Candy Land, Minute to Win It, Let's Make a Deal and Camp Jeopardy, along other favorites. On Wednesday, camp will walk to Jennings Park for a scavenger hunt and lunchtime concert followed by a swim at the YMCA. This is sure to be a gaming good time.

Course #: 14098 Mon-Fri July 6-10 9:30 am-3:30pm

Day Camp - Extreme Adventures

Welcome adventurers! Each day is a new adventure this week as campers learn about geocaching, following a treasure map and participating in the great camp adventure race. Wednesday, camp will be an adventure to the YMCA for an afternoon swim. Thursday campers will explore the Adventure Zone at the YMCA which is full of climbing, sliding and fun!

Course #: 14099 Mon-Fri. July 13-17 9:30am-3:30pm

Day Camp - Waterpalooza

Want to beat the summer heat? Get ready to get wet! Jump and splash in wacky water games, compete in a wild water obstacle course and go ballistic with water balloons. How many different water games can we play? Enough to get you soaked! Please send your camper ready to get wet! Camp includes a Wednesday swim at the YMCA.

Course #: 14100 Mon-Fri July 20-24 9:30 am-3:30 pm

Day Camp - Wacky World of Sports

Campers will love this week where regular sports are transformed into over-the-top adventures. Participate in summer camp Olympics, play a round of Frisbee golf, join kickball with a twist and play some of your regular favorites. Not sure if sports are your thing? There will be plenty of crafts and a checkers competition for those looking for a different type of sport. Thursday camp will head to Comeford Park via Community Transit for a day of play at the Spray Park.

Course #: 14101 Mon-Fri July 27-31 9:30 am-3:30 pm

Day Camp - End of Summer Bash

This week is packed with fun as campers finish the summer with all of their favorites in this end-of-summer bash! Throughout the summer campers will be voting on their favorite activities to bring them back for one fabulous week of fun! Wednesday, there will be a visit to Jennings Park for a lunchtime concert followed by an afternoon swim at the YMCA. Friday is the grand finale to summer with an all-camp talent show! Families are invited to join the fun at 2:30 p.m. for refreshments and the show.

Course #: 14102 Mon-Fri Aug 3-7 9:30 am-3:30 pm



Great Friends Amazing Staff Fun Activities

SUMMER CAMPS

Mini Camp

Mini Camp is designed especially for youth ages 4-6 so they can get the summer camp experience at an age-appropriate level. Whether your camper likes sports, arts or playing outdoors, we have a week that they are sure to love. Camp is lead by a highly trained staff with full background checks and low staff/camper ratios for the best camp experience possible. Come join the fun!

possible. Come join the rain.

Instructor: Andrea Kingsford/Dave Hall

Location: Allen Creek Gym/Field

Age: 4-6.....Cost: \$49/\$59*

Mini Camp - Creative Kids

Kids will love getting creative this week as they explore watercolor, crayon melts, salt dough sculpting, sand painting and more! In addition, there will be time for stories, songs and playground fun. Families are invited to join camp at 11:10 a.m. on Friday for refreshments and to view the week's creations.

Course #:14089 Mon, Wed & Fri June 22, 24 & 26 9:30 - 11:30 am



Tiny Tots Playgroup

At Tiny Tots, your child is the leader in his or her learning. From zooming around in toddler cars, to creating wonderful crafts, singing songs and story time, your child will love your time together and knowing it is all about them! Children explore large motor skills, discover their creative side, build social skills and play with others. Parents or care givers make connections with other parents and get new ideas for easy activities to do

Mini Camp - Wild Wild West

Howdy partners! Come join the old-fashioned fun of the wild wild west! Campers will create their own sheriff badges and vests, do leather tooling, toss horse shoes, search for Lucky's lost gold, play cowboy round up and more. On Friday, Mini Camp will host a hoedown with old-fashioned root beer floats.

Course #: 14091 Mon, Wed & Fri July 13, 15 & 17 9:30 - 11:30 am

Mini Camp - Undersea Explorers

Undersea Explorers, get ready for adventure as we explore the creatures found in the deep blue sea. This week campers will create oceans in a bottle, make paper bag fish puffer fish, ribbon jellyfish and a hand print octopus. Kids will love exploring the creatures of the deep blue sea in this exciting week of camp.

Course #: 14092 Mon, Wed & Fri July 20, 22 & 24 9:30 - 11:30 am

Mini Camp - Mini Ultimate Sports *\$59

This camp is designed to give youth ages 4-6 years old an introduction to team sports. Mini Ultimate will spend one day each on the fundamentals of soccer, basketball and baseball. Camp will be held at Allen Creek Elementary on the south field and in the gymnasium. Must register by July 10 to receive a camp T-shirt.

Course #: 14045 Mon, Wed & Fri July 27, 29 & 31 9:30 - 11:30 am

Mini Camp - Little Scientists

Calling all aspiring scientists! Campers will enter the lab to explore levers, make homemade bubbles, discover magnetic forces, see the explosiveness of combining two simple foods, grow their own crystals and much more!

Course #: 14093 Mon, Wed & Fri Aug 3, 5 & 7 9:30 - 11:30 am

at home. Children have free exploration of activities and weekly themed crafts then come together as a group for a 15-minute interactive song and story time. A parent or caregiver must attend with child. Sibling rate \$25. Please call Parks and Recreation for sibling registration.

Instructor: Andrea Kingsford

Location: Totem Middle School Cafeteria

Age: 9 months-4 yrs......Cost: \$50

Course #: 14088 Tue & Thu June 23-Aug. 6 10:00 - 11:00 am



Ultimate Sports - Soccer Camp

Kick off summer learning soccer fundamentals from Lakewood High School soccer coaches and team. Camp activities will include developing individual skills (dribbling, passing, receiving, finishing and defending) and small-sided games. The week ends with campers participating in a small-sided tournament. Must register by June 1 to get a camp T-shirt.

Instructor: Steven Brown

Location: Lakewood High Stadium

Age: 7-14......Cost: \$95 Course #: 14041 Tue-Fri June 16-19 9:00 am - 12:00 pm

(Please note Soccer Camp is Tuesday-Friday only)

Ultimate Sports - Volleyball Camp

Youth will learn the fundamentals of volleyball through instruction from the Lakewood High School Women's Volleyball coaches and team. Instruction will include passing, setting, hitting, blocking, serving, teamwork and more! Must register by June 5 to receive a camp T-shirt.

Instructor: Tasha Kryger/Monica Rooney

Location: Lakewood High Gym

Age: 8-14.....Cost: \$95 Course #: 14042 Mon-Thu June 22-25 9:00 am - 12:00 pm

Ultimate Sports - Track & Field Camp

Sign up for Track and Field camp, there is something for everyone. Campers will learn from the Track and Cross Country award winning coaching staff at Lakewood High School. Track and field is running, jumping, and throwing. Learn proper technique to run faster, jump higher and throw farther. A variety of events will be taught, plus the opportunity to compete at the end of camp track & field meet. Rain or shine dress appropriately for the weather. Must register by June 12 to receive a camp T-shirt.

Instructor: Jeff Sowards/Monica Rooney
Location: Lakewood High Stadium

Ultimate Sports - Basketball Camp

Come learn the game from Snohomish County's Basketball Franchise the Washington Sabers. Ultimate Basketball Camp is designed to help develop a young athlete's fundamentals and individual skills needed for basketball. Fundamentals are taught with a variety of drills and skill-oriented games. Techniques covered during the camp are ball handling, shooting, passing, free throws, rebounding, individual/team defense, triple threat and sportsmanship. Must register by June 19th to receive a camp T-shirt.

Instructor: Basketball Foundation Washington Sabers

Location: MPHS Gym

Age: 7-14......Cost: \$95

Course #: 14044 Mon-Thu July 6-9 9:00 am - 12:00 pm

Cheer Camp Ages 6-8

Come join the fun and exciting world of cheerleading and attend Cheer Camp this summer! Learn cheer terminology, cheers, jumps, basic levels and how to move in sync with a group! Camp includes a t-shirt and set of pom-poms! Students must wear athletic tennis shoes and comfortable fitted clothing. Must register by June 27 to receive a camp T-shirt and pom-poms.

Instructor: To be announced

Location: Grove Elementary Multi Purpose Room

Age: 6-8......Cost: \$110 Course #: 13868 Mon-Thu July 13-16 9:00 am - 12:00 pm

Kung Fu 4 Kids Camp ages 6-13

Kids will love this camp as they build confidence, learn self defense, improve concentration, increase self-discipline, and develop manners through activities that include martial arts/tae kwon do, crafts, stories, educational activities and more! Three formal martial arts classes are taught each day. Camp will not be held July 3.

Instructor: Kung Fu 4 Kids/Carl Doup

Location: Kung Fu Northwest

Age: 6-13......Cost: \$139/\$79

When: Mon.-Fri. June 15-Sept. 4

Time: 9:00 am – 4:00 pm Full Day \$139/week 9:00 am – 12:00 pm AM Half Day \$79/week 1:00 pm – 4:00 pm PM Half Day \$79/week

SUMMER CAMPS



LEGO Camp - LEGO Extreme Star Wars

Travel to a galaxy far away with LEAP4Kidz as you explore the Star Wars LEGO Universe with a variety of model builds ranging from 1 hour to 3 days to complete. Kids will work together to build an save the republic. Models include the Death Star, Millennium Falcon, ATAT and more from all movies and TV. Bring water and a snack to camp.

Instructor: Leap4Kidz

Location: Jennings Park Rotary Ranch

LEGO Camp - LEGO Jr. Builder

LEGO Jr. Builder with LEAP4Kidz offers an integrated STEM curriculum including science, technology, engineering and math, as well as history, language arts and team decision-making to children using LEGO bricks. This is a hands-on class where students will build and design using LEGO bricks to create things from the world around them. Bring water and a snack to camp.

Instructor: Leap4Kidz

Location: Jennings Park Rotary Ranch



LEGO Camp - LEGO Robotics - Battle Bots

LEGO Robotics with LEAP4Kidz offers advanced design and programming challenges as teams compete in programming and modifying a robot to "beat" other robots in races, tasks and power. Bring a water and snack to camp.

Instructor: Leap4Kidz

Location: Jennings Park Rotary Ranch

Age: 9-12......Cost: \$180 Course #: 14110 Mon-Fri July 27-31 1:00 - 4:00 pm

LEGO Camp - LEGO Space Engineering

LEGO Space Engineering with LEAP4Kidz offers an integrated STEM curriculum including science, technology, engineering and math as well as history, language arts and team decision-making to children using LEGO bricks and motors. This is a hands-on class where students will build and design with LEGOS. They will also receive an introduction to levers, gears, pulleys and more using batteries and motors to bring their creations to life. Bring water and a snack to camp.

Instructor: Leap4Kidz

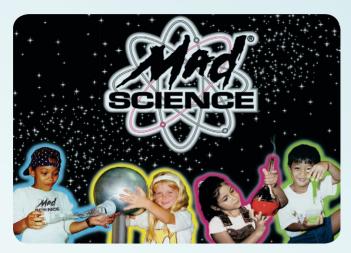
Location: Jennings Park Rotary Ranch

Computer Camp - Intro to Coding

Join LEAP4Kidz as you explore how to design and create using MIT's SCRATCH 2.0 drag and drop programming. Create projects big and small, individual and in teams while practicing STEM skills in reasoning, math, design and problemsolving. Bring a water and snack to camp.

Instructor: Leap4Kidz

Location: Jennings Park Rotary Ranch



Mad Science Camp - Rockin' Rockets

Join Mad Science as you explore the principles of flight from the earliest flying machines to modern day rocket power! Discover how you need the "Wright" stuff - aerodynamics - to make kites float on air and planes fly. Let Newton be your guide as you overcome the forces of gravity and inertia. Be inspired by the Milky Way as you build your own rocket and gain appreciation for the universe. Bring water and a snack.

Instructor: Mad Science

Location: Jennings Park Rotary Ranch

Age: 7-12......Cost: \$155 Course #: 14115 Mon-Fri July 13-17 1:30 - 4:30 pm

Mad Science Camp - Science in Motion

Science comes in all shapes and sizes - we'll examine a few during this hands-on expedition. Become an engineer and build bridges, domes, cubes and pyramids. Assemble and control pulleys, levers, catapults and simple machines. Use chemistry to make your own sidewalk chalk and crystal gardens. Become an ornithologist and discover unique characteristics of birds! Bring water and a snack to camp.

Instructor: Mad Science

Location: Jennings Park Rotary Ranch

Videography Camp – Let's Make Movies!

Calling all aspiring videographers! Join Michael Thomas of Insignis Media in this exciting week of camp as you work together to make a mini-movie. Learn about video production, storyboarding, shooting, camera direction, lighting, editing, sequencing, adding background music, titling and more. Each participant will have their name on the film credits and get their own DVD to share with friends and family. Families are invited to join camp on Friday at 11:40 a.m. for the Let's Make Movies film premier. Bring water and a snack to camp.

Instructor: Insignis Media

Location: Jennings Park Rotary Ranch

Age: 9-13.....Cost: \$125

Course #: 14119 Mon-Fri Aug 17-21 9:00 am - 12:00 pm



Babysitting Basics Camp

Looking for a fun camp and want to learn about babysitting? Join Camp Fire in this camp as you learn the ins and outs of becoming a great babysitter. Learn play ideas, infant and toddler care, beginning behavior management, age characteristics, accident prevention, what to do in an emergency, how to work with parents and get ideas for networking to find babysitting jobs. All participants will receive a notebook and certificate of completion. Bring a water bottle, snack and pencil.

Instructor: Camp Fire

Location: Jennings Park Rotary Ranch

SUMMER CAMPS

Music Camp - Music Introduction 101

Join LEAP4Kidz as you learn the basics of musical theory such as musical note time values and reading notes from the treble clef staff. Also, beginning notation including time signature, sharps and flats, all in a fun environment that emphasizes learning through teamwork, sequencing, counting and other math skills. Bring water and a snack to camp.

Instructor: Leap4Kidz

Location: Jennings Park Rotary Ranch

Summer Tunes Band Camp

Summer Tunes Band Camp is a chance to brush up on musical skills and get ready for the coming school year with instructors Peter Joseph and Nathan Sachman. This is a great chance to have fun and make music with new friends! Campers grades 6-8 must have had 1 year of middle school band to participate.

Instructor: Peter Joseph/Nathan Sachman Location: Totem Middle School Band Room

Age: 11-15......Cost: \$59

Concert

Course #: 13968 Mon.-Fri. July 27-31 10:00 am - 12:00 pm

Jazz

Course #: 13969 Mon.-Fri. July 27-31 1:00 - 3:00 pm



Dance Camp - Mystical Mermaids

Welcome to this enchanting Mermaid Camp where little dancers become mermaids, twirling and tapping to a magical dance world under the sea. Camp with Ms. Mo will focus on both ballet and tap. Campers should wear leotard and tights with leather soled ballet shoes and tap shoes. The camp will end with a 15-minute mini-performance for camper families. Costumes are created by parents and consist of items found at home.

Instructor: Monica Olason Location: Community Center

Dance Camp - Ice Princesses

Dancers will love discovering their inner Ice Princess in this fun ballet and tap summer camp! Instructor Ms. Mo will have your little princess leaping, flying and twirling to the music. Campers should wear leotard and tights with leather soled ballet shoes and tap shoes The week will culminate with a 15-minute mini-performance for camper families. Costumes are created by the parents and consist of items found around the home.

Instructor: Monica Olason Location: Community Center

Dance Camp - Down in the Bayou Ages 3-7

Your child will love using their imaginations as they explore the world of dance and music of New Orleans with instructor Ms. Mo. Campers should wear leotard and tights with leather soled ballet shoes and tap shoes The week will culminate with a 15-minute mini-performance for camper families. Costumes are created by the parents and consist of items found around the home.

Instructor: Monica Olason Location: Community Center

DANCE & MOVEMENT

Ballet and Tap

Instructor Monica Olason will teach your child phrasing and the terminology of ballet and tap while building grace, poise and strength. Basic building blocks, positions and the preparatory steps of ballet and tap will be taught in each class. Students wear leotard and tights with leather-soled ballet and tap shoes. Hair should be neatly secured. Parents are invited to attend the last 10 minutes of class.

Instructor: Monica Olason Location: Jennings Park Barn

Age: 3-5			Cost \$40
Course #: 13972	Wed	May 6-27	10:00 - 10:45 am
Course #: 13973	Fri	May 8-29	10:00 - 10:45 am
Course #: 13974	Fri	May 8-29	10:45 - 11:30 am

Age: 3-5.....Cost \$30

Location: Community Center

Course #: 13977	Wed	Aug 12-26	10:00 - 10:45 am
Course #: 13978	Fri	Aug 14-28	10:00 - 10:45 am
Course #: 13979	Fri	Aug 14-28	10:45 - 11:30 am

Monica Olason



In seven years of teaching with Marysville Parks and Recreation, Ms. Mo (aka Monica Olason) has taught everything from ballet to tumbling, sharing her passion for dance with all her students. "I started

dancing at the age of three and have continued ever since," explains Ms. Mo. "I decided to start teaching because I wanted to teach my daughter the love of dance and wasn't able to find classes that fit our schedule."

Through her classes, students have learned to tap, jazz, and pliè with Ms. Mo's guidance. She says the most rewarding part is to watch her students improve, "I enjoy all my classes, and especially love to see the kids blossom."

Creative Dance - Mommy & Me Ages 1-3

This wonderful class taught by Ms. Mo will have mommy and child twirling with glee. You will love the exercise and your child will love learning dance, coordination, balance, rhythm and stretching. The class will feature basic dance steps in ballet and jazz. Child should be walking to participate.

Instructor: Monica Olason Location: Jennings Park Barn

Age: 1-3			Cost \$28
Course #: 13985	Wed	May 6-27	5:15 - 5:45 pm
Course #: 13986	Fri	May 8-29	9:30 - 10:00 am

Location: Community Center

Age: 1-3			Cost \$21
Course #: 13987	Wed.	Aug 12-26	5:15 - 5:45 pm
Course #: 13988	Fri.	Aug 14-28	9:30 - 10:00 am

Tap & Jazz Combo Ages 5-8

Young dancers will love this combo class with Ms. Mo! The first half hour of the class is dedicated to the techniques and fun movements of tap. Students then transition to the upbeat and high-energy jazz dance. Combining these two popular styles is sure to be a hit! Dancers should wear leotard and footless leggings or tights with tap shoes. Hair should be neatly secured.

Instructor: Monica Olason Location: Jennings Park Barn

Age: 5-8			Cost \$50
Course #: 13983	Wed	May 6-27	4:15 - 5:15 pm

Location: Community Center

Age: 5-8			Cost \$37
Course #: 13984	Wed	Aug 12-26	4:15 - 5:15 pm



YOUTH ACTIVITIES

Tumbling & Movement - Mommy & Me Ages 1-3

Explore the world of tumbling and movement with instructor Ms. Mo. You and your child will love practicing coordination, balance, rhythm and stretching, all while moving to the music. You'll delight in using the mats, hoops, ribbons and more. Child should be walking to participate.

Instructor: Monica Olason Location: Jennings Park Barn

Age: 1-3......Cost \$28 Course #: 13975 Wed May 6-27 11:30 - 12:00 pm

Location: Community Center

Age: 1-3......Cost \$21

Course #: 13976 Wed Aug 12-26 11:30 - 12:00 pm

Tumbling & Movement Ages 3-5

Instructor Ms. Mo explores movement through tumbling, using mats, beam and hoops. Participants will have fun discovering body awareness, muscle development, flexibility, balance, coordination, basic loco motor skills and positive self-image in this warm, friendly atmosphere. Students are to wear leotard or leggings with T-shirt and bare feet; clothes should allow easy movement. Hair should be neatly secured. Parents invited to attend last 10 minutes of class.

Instructor: Monica Olason
Location: Jennings Park Barn

Location: Community Center

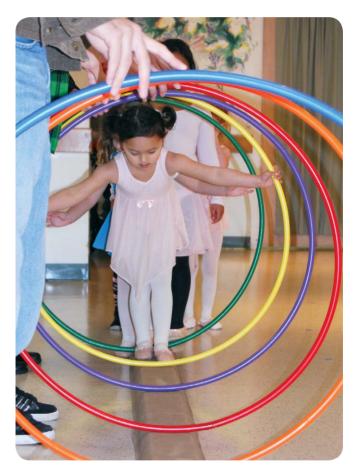
Kaleidoscope Play & Learn Group

Kaleidoscope Play and Learn Group is designed for children ages 0-5 and their parents or caregivers to come play, learn and thave fun through music, art, stories games and friends. Kaleidoscope is offered in partnership with United Way and Marysville Parks and Recreation. This is a FREE program, no registration is needed. No class April 8.

Location: Jennings Park Barn

Age: 1 month-5 years......Cost: Free

Wed April 1-29 9:30 - 11:00 am Wed April 1-29 1:00 - 2:30 pm



Hoop Dance Workshop for Youth Ages 4-13

Hula Hooping is a natural kids sport! Kids love spinning a Hula Hoop and showing off their new tricks. Instructor Indigo will provide a structured class and encourage learning new movements and activities which promote balance and coordination. Parents may join the last 10 minutes for a mini hoop demo. Hoops provided for class are available for purchase. Hoop Dance will take place outside if weather allows.

Instructor: Indigo

Location: Jennings Park Rotary Ranch

Age: 4-8			Cost: \$10
Course #: 14146	Sat	April 25	10:00 - 10:45 am
Course #: 14148	Sat	July 25	10:00 - 10:45 am
Age: 9-13			Cost: \$10
Course #: 14147	Sat	April 25	11:00 - 12:00 pm
Course #· 14149	Sat	July 25	11·00 - 12·00 nm

YOUTH ATHLETICS



Kidz Love Soccer Ages 2-10

Kidz Love Soccer is designed to teach kids the game of soccer in a fun and safe environment.



This is accomplished through games and skills taught at appropriate age and ability levels. You and your kids will love Kidz Love Soccer!

All Kidz Love Soccer participants will receive a Kidz Love Soccer jersey!

Instructor: KLS Kidz Love Soccer Location: Jennings Ballfield

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the "World's Most Popular Game!" As you and your child participate in our fun age-appropriate activities, your child will develop large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

Age: 2 to 3-1/2.			\$92
Course #: 14047	Fri	April 24-June 12	3:00 - 3:30 pm
Course #: 14052	Fri	July 10-Aug 28	6:30 - 7:00 pm

Tot Soccer

Encourages large motor skill development through games and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids!

Age: 3 1/2 to 4			\$92
Course #: 14048	Fri	April 24-June 12	3:40 - 4:10 pm
Course #: 14053	Fri	July 10-Aug 28	3:40 - 4:10 pm

Pre-Soccer

Teaches the basic techniques of the game and builds selfesteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment.

Age: 4-5			\$92
Course #: 14049	Fri	April 24-June 12	4:10 - 4:45 pm
Course #: 14054	Fri	July 10-Aug 28	4:10 - 4:45 pm

Soccer 1

Teaches the basic techniques of soccer for beginning players including dribbling, passing and receiving, shooting, goal keeping, etc. Every participant will have a ball at their feet! Fun skill games will be played at every session. Small sided soccer matches will be introduced gradually.

Age: 5-6			\$92
Course #: 14050	Fri	April 24-June 12	4:45 - 5:30 pm
Course #: 14055	Fri	July 10-Aug 28	4:45 - 5:30 pm

Soccer Skills and Scrimmages

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team format. Each class we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. All levels of skill are welcome to learn and enjoy the world's most popular sport! Each participant will receive a soccer jersey.

Age: 7-10			\$92
Course #: 14051	Fri	April 24-June 12	5:30 - 6:15 pm
Course #: 14056	Fri	July 10-Aug 28	5:30 - 6:15 pm



YOUTH ATHLETICS

Arnie Moreno

Tennis instructor Arnie Moreno is a certified PTR professional instructor and varsity high school tennis coach with over 30 years of coaching experience. In 2005, the Seattle-Post Intellingencer named him girls tennis



Coach of the Year, 2008 KING-5 television named him as a "Coach that makes a Difference" and Washington State University gave him the "Educator of Excellence" award in 2007. Learn to play tennis in fun and dynamic lessons. Coach Moreno says "tennis is a lifetime sport for a lifetime of fun."

Tennis for Youth Ages 5-17

Learn to play tennis in fun and dynamic lessons with tennis instructor Arnie Moreno. Coach Moreno is a certified PTR professional instructor, varsity high school tennis coach with over 30 years of coaching experience, and a longtime instructor with Marysville Parks and Recreation. The game of tennis is for all age groups. Join in the fun!

Instructor: Arnie Moreno

Location: Totem Middle School Tennis Courts

Little Lobbers

A special program for children ages 5-7 years old. Participants will learn basic skills such as grip, stance and footwork needed to begin a lifelong affection with a great year-round activity.

Age: 5-7		•••••	\$35
Course #: 14062	Tue & Thu	June 30-July 16	9:30 - 10:15 am

July 21-Aug 6

9:30 - 10:15 am

Little Lobbers Camp

Course #: 14063 Tue & Thu

A special program for children ages 5 to 7 years old. Participants will learn basic skills such as grip, stance and footwork needed to begin a lifelong affection with a great year-round activity.

Age: 5-7			\$25
Course #: 14064	Mon-Thu	Aug 10- 13	12:45 - 1:30 pm

Youth Beginners Tennis

Beginners will receive instruction in the fundamentals of tennis over the course of the 6 lessons.

Age: 8-17			\$40
Course #: 14065	Tue & Thu	June 30-July 16	1:30 - 2:30 pm
Course #: 14067	Tue & Thu	July 21-Aug. 6	1:30 - 2:30 pm
Course #: 14066	Tue & Thu	June 30-July 16	2:40 - 3:40 pm
Course #: 14068	Tue & Thu	July 21-Aug 6	2:40 - 3:40 pm

Youth Beginners Tennis Camp

Beginners will receive instruction in the fundamentals of tennis over the course of the 4 lessons to gain an early understanding of the sport.

Age: 8-17			\$27
Course #: 14069	Mon-Thu	Aug 10-13	9:30 - 10:30 am
Course #: 14070	Mon-Thu	Aug 10-13	10:30 - 11:30 am

Youth Intermediate

Participants will refine their tennis skills and gain court strategy.

Age: 8-17			\$40
Course #: 14071	Tue & Thu	June 30-July 16	3:50 - 4:50 pm
Course #: 14072	Tue & Thu	July 21-Aug 6	3:50 - 4:50 pm

Youth Intermediate Camp

Participants will refine their tennis skills and gain court strategy.

Age: 8-17			\$27
Course #: 14073	Mon-Thu	Aug 10-13	11·30 am - 12·30 nm



YOUTH ATHLETICS/ACTIVITIES

USA 123 Junior Tennis Team

Join a Tennis Team this summer! Learn the rules of play and improve your skills in a fun and positive environment. Teams are grouped by age and ability. Represent Marysville Parks and Recreation to compete against other regional recreation departments in the Evergreen Jr. Tennis League. Practices held at Totem Middle School Tennis courts. Weekly matches scheduled throughout the summer on Wednesdays. A singles tournament is played the last week of the program. Prerequisite: Completion of one session of beginner lessons or instructor approval. Fees include a team t-shirt. Complete match schedule will be provided by instructor. Five matches to occur Wednesdays, July 8 to Aug. 5.

Instructor: Arnie Moreno

Location: Totem Middle School Tennis Courts

Age: 10-17.....\$139

Course #: 14074 Tue & Thu June 30-Aug 6 11:30 am - 1:00 pm

Wednesday matches July 8-Aug 5

Kung Fu/Tae Kwon Do for Beginners Ages 4-12

Martial arts classes for children are fun, exciting and empowering! The Kung Fu 4 Kids curriculum, consisting of Kung Fu and Tae Kwon Do, has been designed especially for the young warriors at heart. In addition to all of the kicks, blocks, and punches, a portion of every class is dedicated to teaching respect, honesty, discipline and manners. With many convenient class times, there is sure to be a class that meets your family's busy schedule. Students attend twice a week for 45 minutes. A \$25 uniform fee payable to instructor at first class. Class is not held on holidays.

Instructor: Carl Doup

Location: Kung Fu 4 Kids Academy

Age: 4-12.....\$99

Time: 2 45-min. classes each week

Early Evening (see office for schedule)

Course #: 13995 May 1-29 Course #: 13996 June 1-30 Course #: 13997 July 1-31 Course #: 13998 Aug 3-31



ARTS & CRAFTS

Art Exploration with Vicki Carver

Join instructor Vicki Carver in this art exploration class that is sure to be a favorite. Young artists will love discovering watercolor, pastels and clay sculpture, including glazing! Whether they are new to art or want to try new mediums students will love and take pride in their projects. Supplies needed: graphite pencils (2H, HB and 6B), Strathmore drawing pad (50 lb. or 70 lb.) with spiral top, white eraser and a pencil sharpener.

Instructor: Vicki Carver
Location: Community Center

Age: 7-13......\$68 Course #: 14085 Fri July 10-31 10:00 - 11:30 am

Clay Play Workshop with Vicki Carver Ages 7-13

Youth will learn different techniques for pulling, pushing, poking, rolling, pressing and smoothing clay. Each workshop taught by instructor Vicki Carver focuses on creating a different project so whether participants are new to clay or have taken a clay class in the past, they are sure to love this class. Cost includes all supplies and firing. Returning artists may work on individual projects. Please bring a shoebox labeled with the artist's name and phone number.

Instructor: Vicki Carver Location: Community Center

Age: 7-13			\$35
Course #: 14086	Fri	July 10	1:00 - 2:30 pm
Course #: 14087	Fri	July 24	1:00 - 2:30 pm

Drawing for Youth Beginner to Advanced Ages 7-13

This fun and creative class taught by Vicki Carver guides budding artists while they explore and develop the skills to draw animals, people, flowers, still life and landscapes using graphite pencils. Returning artists may choose to work on individual projects. Supplies needed: graphite pencils (2H, HB and 6B), Strathmore drawing pad (50lb. or 70lb) with spiral top, white eraser, and a pencil sharpener. Artists may also bring oil pastels or color pencils for drawing enhancements.

Instructor: Vicki Carver Location: Community Center

Age: 7-13			\$63
Course #: 14084	Tue	July 7-28	1:00 - 2:30 pm

YOUTH ACTIVITIES

MUSIC





Kindermusik - Laugh & Learn - Carnival of Music

Each week in class we combine your preschooler's natural love of music, storytelling, and imaginative play with age-appropriate group activities for kids that introduce early music concepts and foster independence, social and emotional skills, language growth, and self-control. Parents join class for the final activities. Material fee \$30 includes CD, story and instrument.

Instructor: Chris Floyd

Location: Marysville Library Large Meeting Room

Kindermusik - Wiggle and Grow - Up in the Sky

This music-filled class celebrates the unique joys of your growing child. Each class your child will love singing, dancing and playing instruments with you and their new friends and you'll love helping them practice a wide variety of abilities such as gross and fine motor skills, turn-taking, social skills and active listening. Parent attends with child. Material fee \$30; includes CD, story and instrument.

Instructor: Chris Floyd

Location: Marysville Library Large Meeting Room

Singing with Lisa Ages 6-10

Have fun and make new friends while learning to perform songs with instructor and singer Lisa Hanson! Students will learn voice health, basic theory, performance techniques and ear training. Lisa will provide a music notebook for each student, please bring a pencil and water bottle. Students are invited to bring a recorder to record class for home practice, but this is not required. On the last day of the session, friends and family are invited to hear the students perform.

Instructor: Lisa Hanson, Lakeview Music

Location: Jennings Park Barn

Age: 6-10Cost: \$120

Course #: 14104 Monday April 13-May 18 4:30 - 5:20 pm

SPECIAL INTEREST

Babysitting Basics Ages 10-14

Babysitting is a great way to earn money while having fun. Join Camp Fire as you learn the ins and outs of becoming a great babysitter. Learn play ideas, infant and toddler care, beginning behavior management, age characteristics, accident prevention, what to do in an emergency, how to work with parents and get ideas for networking to find babysitting jobs. All participants will receive a notebook and certificate of completion. Bring a water bottle, snack and pencil.

Instructor: Camp Fire Location: Jennings Park Barn

Age: 10-14.....Cost: \$40

Course #: 13044 Saturday June 6 & 13 9:00 am - 1:00 pm



Tennis for Adults

Tennis instructor Arnie Moreno is a certified PTR professional instructor and varsity high school tennis coach with over 30 years of coaching experience. In 2005, the *Seattle-Post Intellingencer* named him girls tennis Coach of the Year, 2008 KING 5 television named him as a "Coach that makes a Difference" and Washington State University gave him the "Educator of Excellence" award in 2007. Learn to play tennis in fun and dynamic lessons. Coach Moreno says "tennis is a lifetime sport for a lifetime of fun." The game of tennis is for all age groups. Join in the fun!

Adult Beginners

Beginners will learn the basic fundamentals of tennis over the course of 6 lessons.

Instructor: Arnie Moreno

Location: Totem Middle School Tennis Courts

Adult Intermediate

Participants will refine their tennis skills and learn court strategy.

Instructor: Arnie Moreno

Location: Totem Middle School Tennis Courts

Age: Adult, 16 and older......Cost: \$42 Course #: 14078 Tue, Thu June 30-July 16 7:40 - 8:40 pm Course #: 14079 Tue, Thu July 21-Aug 6 7:40 - 8:40 pm





Adult Summer Softball

Marysville Parks and Recreation begins registering for its upcoming Summer Softball Leagues Monday, June 1. Registration will be accepted Monday-Friday from 8:00 a.m.-5:00 p.m. (office closed from 1:00-2:00 p.m for lunch) at the Parks Office in Jennings Memorial Park. Registration will continue on a space-available basis until 5:00 p.m. Friday, July 3. Divisions will be available for Men's and Co-ed teams. All divisions will play 10 games. The top 75% will qualify for single-elimination playoffs. Cost per team is \$500. Games will begin the week of July 19. Several different levels of play will be available to assure that all teams, regardless of their ability or experience, have an enjoyable season. For more information or to have a brochure mailed, please call the Parks Office at (360) 363-8403.

Location: MPHS Softball Fields

Age: Adult, 18 and olderCost: \$						
	Men's Rec		1120 4 24			
	Course #: 13957	Mondays	July 20 - Aug24	6:00 - 9:00 pm		
	Men's Rec II					
	Course #: 13958	Fridays	July 24 - Aug. 28	6:00 - 9:00 pm		
	Co-Ed Rec					
	Course #: 13959	Sundays	July 19 - Aug. 23	3:30 - 9:00 pm		
	Co-Ed E					
	Course #: 13960	Wednesdays	July 22 - Aug. 26	6:00 -9:00 pm		

ADULT ACTIVITIES

DANCE & MOVEMENT

Belly Dance

Whether new to belly dance or an experienced dancer, you will love learning the music, culture, dances and movements from Egypt, Spain, Turkey and India. This fusion of Belly Dance, taught by Astarte, will inspire you to develop a new mind-body connection as you sway your hips, hands, arms and torso to the beautiful music. Develop grace and a stronger body while having fun! Hip scarves and veil are not required but are suggested. The instructor will be able to suggest purchasing options.

Instructor: Astarte

Location: Jennings Park Rotary Ranch

Age: Adult, 14 and older......Cost: \$64

Course #: 14035 Tue April 14-May 19 7:00 - 8:00 pm

Course #: 14038 Thu April 16-May 21 7:00 - 8:00 pm

Location: Community Center

		=		
Age: Adult, 14	Cost: \$	54/\$64		
Course #: 14036	Tue	May 26-June 30	7:00 - 8:00 pm	\$64
Course #: 14039	Thu	May 28-July 2	7:00 - 8:00 pm	\$54
(No class 6/25)				
Course #: 14037	Tue	July 28-Sept 1	7:00 - 8:00 pm	\$64
Course #: 14040	Thu	July 30-Sept 3	7:00 - 8:00 pm	\$54
(No class 8/20)				

Belly Dance - Choreography

Taught by Astarte, this class focuses on more advanced movements while learning group choreography and combinations. There are also performance opportunities with Astarte's student troupe. Must have instructor approval.

Instructor: Astarte

Location: Jennings Park Rotary Ranch

Age: Adult, 14 and older......Cost: \$36

Course #: 14057 Thu April 16-May 21 8:15 - 8:45 pm

Location: Community Center



LIKE US for last minute calendar entries and announcements



Line Dancing

Line dancing is an easy way to dance socially and stay fit! It doesn't require a partner, experience or equipment and involves fun, pre-set routines. Dancing to a variety of music including Top 40, hip hop, swing and country.

Instructor: Heather Cooper

Location: Totem Middle School Cafeteria

Age: Adult, 16	and o	lder	Cost: \$46
Beginner			
Course #: 14126	Wed	May 6-27	6:30 - 7:30 pm
Course #: 14128	Wed	June 3-24	6:30 - 7:30 pm
Course #: 14129	Wed	July 8-29	6:30 - 7:30 pm
Intermediate	<u> </u>		
Course #: 14157	Wed	May 6-27	7:30 - 8:30 pm
Course #: 14158	Wed	June 3-24	7:30 - 8:30 pm
Course #: 14159	Wed	July 8-29	7:30 - 8:30 pm

Hoop Dance Workshop with Indigo

Get outside and Hoop Dance with Indigo in these fun, safe, effective low-impact aerobics that move your entire body and burns calories. Class begins with a Yoga-inspired warmup. You will then learn the basics of hooping, adding movements progressively throughout class. The first hour is a structured class with the second half-hour being a Hoop Dance party where you will try out and explore all of your new moves. You will walk away from class feeling energized, relaxed and excited about getting out and hooping! Hoop Dance will be held outside weather permitting.

Instructor: Indigo

Location: Jennings Park Rotary Ranch

Age: Adult, 14	and c	older	Cost: \$10
Course #: 14144	Sat	April 25	12:15 - 1:30 pm
Course #: 14145	Sat	July 25	12:15 - 1:30 pm

HEALTH & FITNESS

12-Day Whole-Body Challenge

Certified Personal Trainer Cassandra Sykes will be your guide as you challenge yourself to get healthy. This is an exercise AND diet challenge program focused on daily exercise, eliminating processed foods and goal setting principals. Whether you want to jump-start a weight loss regiment, break through a weight loss plateau or detoxify your body of processed foods Cassandra will help motivate you to follow through on healthy life style goals. Come to class prepared to workout. A \$10 material fee is payable to the instructor for a food journal and eating plan. Participants will also need to buy the week's food and supplements which will be reviewed at class, about a \$100 value.

Instructor: Cassandra Sykes

Location: Jennings Park Rotary Ranch

Cardio Boot Camp 10 Visit Punch Card

Are you ready to feel the burn? Get fit, have fun and make friends all in an hour of booty busting mania! Instructor Tory is there to help you reach your goal of building a stronger cardiovascular system, building muscle, avoiding injury and having FUN! Classes are geared to challenge ALL fitness levels. Class includes one SOLID hour of cardio, weights, core and stretching, with focus on upper and lower body. No two classes are ever the same. Classes are held OUTDOORS so dress for the weather. Please bring water, a yoga mat, fitness band, hand weights (3-5 lbs.) and running shoes. Boot Camp will not be held on holidays.

Instructor: Tory Klementsen Location: Jennings Park Office

Age: Adult, 16 and older......Cost: \$50

Course #: 14136 Mon, Wed April 13-Aug 26 5:30 - 6:30 pm

CPR, First Aid & AED Certification

Through hands-on practice and demonstration students will gain knowledge, skills, and the confidence to provide CPR, First Aid and to properly operate an Automated External Defibrillator. CPR(Adult/Child/Infant), First Aid and AED certification is from the American Safety and Health Institute and is valid for two years.

Instructor: Florian Professional Instructors Location: Jennings Park Rotary Ranch

Age: Adult, 12	and	older	Cost: \$50
Course #: 14117	Mon	June 8	5:15 - 9:45 pm
Course #: 14118	Thu	Aug 13	5:15 - 9:45 pm

Hypnosis for Weight Loss

Join Stephany Faires as you explore the aspects of weight loss including eating healthier, consuming less, having a desire to exercise and "feeling your feelings instead of eating them." During the workshop you will be hypnotized to lock the new tools into your mind, transitioning the subconscious to new behaviors. All participants will receive 2 hypnosis CD's at class. Other optional CD's will be available for purchase. You may bring a blanket and pillow to class if you wish to lay on the floor.

Instructor: Living Lite Hypnosis, Inc. Location: Jennings Park Rotary Ranch

Age:	Adult,	18	and	older		.Cost: \$5	5
Course	#: 1414	2	Sat	April 18	10:30	am - 1:30 p	m

Total Body Strength

Improve strength, balance, posture and reduce stress with certified personal trainer Cassandra Sykes. This user-friendly strength training class utilizes weights, resistance bands, and the participant's body weight for total body strength gains. Every exercise will be broken down and explained to assist participants in proper alignment and form crucial to performing safe and effective exercise.

Instructor: Cassandra Sykes

Location: Jennings Park Rotary Ranch

Age: Adult, 18 and older......Cost: \$65 Course #: 14167 Sat April 11-May 16 8:30 - 9:30 am

Marysville Parks & Recreation invites you to BECOME A VOLUNTEER!

Whether you are a group of 1 or 101, we can assemble a project that will be meaningful and fun. We host Scouts, civic groups, school groups, church groups, business groups, families, etc. Here are project ideas – or suggest your own!

Bulb planting activity • Wetland Cleanup • Landscaping/Flower Beds • Tree Planting • Painting picnic tables • And More!

Get involved today! Call Mike Robinson (360) 363-8406

ADULT ACTIVITIES

Aerobics - Low Impact

Get motivated to be your best. This low impact aerobics class is designed to be fun, interesting and get you the results you want. Class includes low impact moves for cardiovascular, flexibility, and strengthening segments that may be performed standing or in a seated position. Class uses bands, balls and fun music for exercising.

Instructor: TBA

Location: Community Center

Age: Adult, 18	and older.			\$30/\$40
Course #: 13852	Mon, Wed	May 4-20	9:00 - 10:00 am	Cost: \$30
Course #: 13855	Mon, Wed	June 1-29	9:00 - 10:00 am	Cost: \$40
Course #: 13853	Mon, Wed	July 6-29	9:00 - 10:00 am	Cost: \$40
Course #: 13854	Mon, Wed	Aug 3-31	9:00 - 10:00 am	Cost: \$40

Kettlebell Fitness Beginner

A kettlebell workout will increase endurance, core power and make you leaner! This quick, thirty minute, intense workout also includes an aerobic component for a well balanced program. Kettlebell is a great workout because it's portable and provides fast results. Current participants rave about the class and range in ages as well as in body type. If you need assistance in finding a kettlebell for purchase, please contact the parks office. NOTE: Participants brand new to kettlebell or to the kettlebell program are required to take the 7:30 p.m. beginner class for at least one month before attending the intermediate classes. The location of this class will change from Totem Middle School to Allen Creek Elementary depending upon the month. Please note the location on your receipt or call for details. No classes on April 7 & 9.

Instructor: TBA

Location: Totem Middle School Cafeteria

Age: Adult, 16	and old	er		.\$42/\$46
Course #: 13876	Tue, Thu	April 2-30	6:00 - 6:30 pm	Cost: \$46
Course #: 13903	Tue, Thu	April 2-30	7:30 - 8:00 pm	Cost: \$46
Course #: 13877	Tue, Thu	May 5-21	6:00 - 6:30 pm	Cost: \$42
Course #: 13904	Tue, Thu	May 5-21	7:30 - 8:00 pm	Cost: \$42
Course #: 13878	Tue, Thu	June 2-30	6:00 - 6:30 pm	Cost: \$46
Course #: 13905	Tue, Thu	June 2-30	7:30 - 8:00 pm	Cost: \$46

Location: Allen Creek Elementary Gym

Age: Adult, 16	and old	er	Cost: \$46
Course #: 13879	Tue, Thu	July 7-30	6:00 - 6:30 pm
Course #: 13906	Tue, Thu	July 7-30	7:30 - 8:00 pm
Course #: 13902	Tue, Thu	Aug 4-27	6:00 - 6:30 pm
Course #: 13907	Tue, Thu	Aug 4-27	7:30 - 8:00 pm

Kettlebell Fitness Intermediate

A kettlebell workout will increase endurance, core power and make you leaner! This quick, thirty minute, intense workout also includes an aerobic component for a well balanced program. Kettlebell is a great workout because it's portable and provides fast results. Current participants rave about the class and range in ages as well as in body type. If you need assistance in finding a kettlebell for purchase, please contact the parks office. NOTE: Participants brand new to kettlebell or to the kettlebell program are required to take the 7:30 p.m. beginner class for at least one month before attending the intermediate classes. The location of this class will change from Totem Middle School to Allen Creek Elementary depending upon the month. Please note the location on your receipt or call for details. No classes April 7 & 9.

Instructor: TBA

Location: Totem Middle School Cafeteria

Age: Adult, 16	and older	•••••	Cost: \$42	/\$46
Course #: 13880	Tue, Thu	April 2-30	5:30 - 6:00 pm	\$46
Course #: 13890	Tue, Thu	April 2-30	6:30 - 7:00 pm	\$46
Course #: 13895	Tue, Thu	April 2-30	7:00 - 7:30 pm	\$46
Course #: 13881	Tue, Thu	May 5-21	5:30 - 6:00 pm	\$42
Course #: 13891	Tue, Thu	May 5-21	6:30 - 7:00 pm	\$42
Course #: 13896	Tue, Thu	May 5-21	7:00 - 7:30 pm	\$42
Course #: 13882	Tue, Thu	June 2-30	5:30 - 6:00 pm	\$46
Course #: 13892	Tue, Thu	June 2-30	6:30 - 7:00 pm	\$46
Course #: 13897	Tue. Thu	June 2-30	7·00 - 7·30 nm	\$46

Location: Allen Creek Elementary Gym

Age: Adult, 16	and old	er	Cost: \$46
Course #: 13888	Tue, Thu	July 7-30	5:30 - 6:00 pm
Course #: 13893	Tue, Thu	July 7-30	6:30 - 7:00 pm
Course #: 13898	Tue, Thu	July 7-30	7:00 - 7:30 pm
Course #: 13889	Tue, Thu	Aug 4-27	5:30 - 6:00 pm
Course #: 13894	Tue, Thu	Aug 4-27	6:30 - 7:00 pm
Course #: 13899	Tue, Thu	Aug 4-27	7:00 - 7:30 pm



Get Off the Couch & Run - Women of Wonder

Tory Klementsen of Journey Fitness will be your guide in this class designed for the new runner who wants to start running or transition from a walking program to a running program in a safe way. Work toward running in the Women of Wonder or Dawg Dash Race in Seattle. Learn proper form, gait and transition. There will also be weekly seminars on running gear, how to warm up and cool down, fuel and hydrate, avoid injury and enjoy the run. Includes one boot camp per week. Race entry fees not inlcuded. Run/walk groups are a fun way to get fit, meet new people, and meet a new goal! Your coach Tory, a former couch potato herself, started walking a block at a time while losing 100 lbs., and is now a fitness and running coach!

Instructor: Tory Klementsen Location: Jennings Park Office

Age: Adult, 16 and older......Cost: \$75

Course #: 14133 Sat July 25-Sept 12 8:00 - 9:00 am

Course #: 14134 Tue July 28-Sept 15 5:00 - 6:00 pm

Build Your Running Base & Speed

The Build your Base and Speed program is for the runner who has already run at least one or two 5ks and is ready to build a running base and move up to 10ks, and get a little faster. Join Tory Klementsen of Journey Fitness to work on increasing mileage and the number of times you run each week, as well as adding in speed work and other challenges.

Instructor: Tory Klementsen Location: Jennings Park Office

Age: Adult, 16 and older......Cost: \$90 Course #: 14114 Sat July 25-Sept 12 9:00 - 10:30 am

Get Off the Couch & Run - Berry Run

Increase your energy, stamina, and fun quotient while you train to run or walk your first or next 5k - the Marysville Berry Run in mid-June! This group will train for the run in a class designed to get you off the couch, take you from walking, to walking or running a 5k so you finish feeling STRONG and look good for that finish line picture! Run/walk groups are a fun way to get fit, meet new people, and meet a new goal! Your coach will be Tory Klementsen, who started walking a block at a time while losing 100 lbs. and is now a fitness and running coach!

Instructor: Tory Klementsen Location: Jennings Park Office

Train for the Seattle Marathon

The Seattle Marathon has been Seattle's ultimate race for many years. Make 2015 your year to challenge yourself! This class includes one complimentary boot camp class per week, weekly seminars, weekly training newsletters, social events and activities, such as optional weekly coffee runs, morning runs, etc. with members of the group, experienced co-coaches, and an online training program. Participants should be able to run/power walk 3 miles without stopping, and should run 3 times per week. Program fee does not the cost to enter the marathon. Class will not be held holidays.

Instructor: Tory Klementsen Location: Jennings Park Office

Age: Adult, 16 and older......Cost: \$150 Course #: 14141 Sat July 25-Nov 21 9:00 - 11:00 am



ADULT ACTIVITIES



Yoga - Beginner

Increase your flexibility, strength, balance and concentration with beginning yoga lead by instructor Megan Neal. These calming classes will focus on yoga basics and are recommended to those new to yoga or those seeking a gentle, slower-paced practice with an emphasis on proper alignment and basic poses. Modifications will be provided and blocks and straps will be available to enable students of various ability levels to practice poses with greater ease. Please bring a yoga mat and blanket.

Instructor: Megan Neal

Location: Jennings Park Rotary Ranch

Age: Adult, 16 and older......Cost: \$60 Course #: 14061 Wed May 6-June 10 6:00 - 7:00 pm

Location: Community Center

Age: Adult, 16 and older......Cost: \$50/\$60 Course #: 14075 Wed June 17-July 15 6:00 - 7:00 pm \$50 Course #: 14081 Wed Aug 5-Sept 9 6:00 - 7:00 pm \$60

Meditation with Tonya

Are you seeking increased peace in your life, improved concentration, healthy methods to cope with stress? Find out how meditation can help. Tonya Miranda will present an overview of basic meditation and mindfulness techniques during this 90-minute workshop that will enable you to begin your own personal practice. The class will include a combination of instruction, guided practice, and discussion. Please wear comfortable clothing.

Instructor: Tonya Miranda

Location: Jennings Park Rotary Ranch

Age: Adult, 16 and older......Cost: \$15

July 18 10:00 - 11:30 am Course #: 14113 Sat

Yoga - Beginner to Intermediate

Continue to develop your flexibility, strength, balance and concentration with classes that are designed for those with some basic knowledge and experience with yoga. Lead by instructor Megan Neal, these classes will present foundational postures in more challenging ways and will incorporate breathing techniques and sun salutation practice. Modifications will be provided and blocks and straps will be available. Please bring a yoga mat and blanket.

Instructor: Megan Neal

Location: Jennings Park Rotary Ranch

Age: Adult, 16 and old......Cost: \$60 Course #: 14080 Wed May 6-June 10 7:15 - 8:15 pm

Location: Community Center

Age: Adult, 16 and older......Cost: \$50/\$60

Course #: 14082 Wed June 17-July 15 7:15 - 8:15 pm \$50 Aug 5-Sept 9 7:15 - 8:15 pm \$60 Course #: 14083 Wed

Yoga - Mom and Baby

Want to get in shape with your child? Yoga - Mom and Baby is a comfortable environment for you to learn and practice yoga with your child ages 0-12 months. Certified yoga instructor, Megan Neal and her baby boy will guide you and your child through yoga poses together. Each class will begin with a check-in to discuss how the group is feeling emotionally and physically so that the class can address the needs of the group, as well as giving the class members an opportunity to offer support and feedback for one another. Your child may join you in the practice, sleep, cry, or play with other children and toys. This wonderful class will help you feel relaxed, get in shape and continue the bond with your child. Feel free to nurse, feed, or change your baby in class. Crying is OK too! Please bring a blanket, toys, or anything else that will help you and your baby feel comfortable. Wear comfortable clothes and bring a yoga mat.

Instructor: Megan Neal

Location: Jennings Park Rotary Ranch

Age: Adult, 18 and older.....Cost: \$60 May 8-June 12 Course #: 14153 Fri 12:30 - 1:30 pm **Location: Community Center** Age: Adult, 18 and old......Cost: \$50 Course #: 14154 Fri June 19-July 24 12:30 - 1:30 pm (No class 7/3)

Course #: 14155 Fri August 7-Sept 11 12:30 - 1:30 pm (No class 8/14)



Zumba & Zumba Toning

Ditch the workout and join the party with Zumba and Zumba Toning! Lose yourself in the music while getting in shape with this effective and exhilarating Zumba class on Tuesdays. For those Zumba® fans who want to add strength training and muscle endurance, raise the bar with Zumba Toning on Thursdays. This is serious body sculpting workout to red-hot rhythms. Tone target areas including arms, abs and thighs. Join Suzanne, Zumba licensed and a certified

Instructor: Suzanne Barrett Location: Jennings Park Barn

are available for purchase at class.

Age: Adult, 14	and older		Cost: \$40
Course #: 13908	Tue & Thu	May 5-28	5:30 - 6:30 pm
Age: Adult, 14	and older		Cost: \$20
Course #: 13909	Tue or Thu	May 5-28	5:30 - 6:30 pm

ACE Group X Instructor, and have a blast! Optional materials

Geocaching for Beginners

Geocaching is a family friendly, high-tech outdoor treasure hunting game using GPS-enabled devices. Join longtime cacher Margaret Dunn as you learn how to get started, equipment needs, types of caches and how to log a find. At the end of the presentation, you will head into Jennings Park with GPS devices to find your first cache. Geocaching relies on internet access and a GPS or smartphone. Bring your own smartphone or GPS; however, it isn't necessary for workshop participation. All ages are invited. Youth 14 and under, bring your parents. Dress for the weather and wear shoes for easy trail walking. Pre-registration required. Register at the Parks Office or email akingsford@marysvillewa.gov. Online registration not available.

Location: Jennings Park Rotary Ranch

Course #: 14151 Sat May 30 9:00 am - 12:00 pm





Tree Climb Experience

When was the last time you climbed a tree? Join Katie Oakley of Tree Climb and ascend high into the canopy of a graceful old Oak or Maple. Learn something new about

the ecosystem. Let life slow down - experience 'tree time.' As you inch your way up the rope system into the leaves you will experience a tree in a whole new way. The tree climb experience includes a briefing on ecology, safety and tree climbing time. Participants take turns ascending into

the tree. All equipment and helmets are provided. Wear long pants that you can move in; bring a water bottle and snack for down time. Tree climbing happens rain or shine. See supplies list at climbwithtreetime.com. Ages 6-13 may register with a registered adult.

Instructor: Tree Time LLC Location: Doleshel Park

Age: Adult 14	and older		Cost: \$30
Course #: 14176	Sun	April 26	11:00 am - 12:30 pm
Course #: 14177	Sun	April 26	12:30 - 2:00 pm
Course #: 14178	Sat	May 30	11:00 am - 12:30 pm
Course #: 14179	Sat	May 30	12:30 - 2:00 pm
Course #: 14189	Sun	June 21	11:00 am - 12:30 pm
Course #: 14190	Sun	June 21	12:30 - 2:00 pm
Course #: 14191	Sat	July 25	11:00 am - 12:30 pm
Course #: 14192	Sat	July 25	12:30 - 2:00 pm
Course #: 14193	Sat	Aug 15	11:00 am - 12:30 pm
Course #: 14194	Sat	Aug 15	12:30 - 2:00 pm

MUSIC



Guitar for Beginners with Ford Giesbrecht

Have you always wanted to play guitar but didn't know where to start? Dust off your guitar and join instructor Ford Giesbrecht of 8th Note Music as you learn the fundamentals in this fun and rewarding class. Discover the guitar basics to get you playing in no time. Do you have a song you have always wanted to play? Bring a list of your 5 favorite songs and one of them will be chosen to learn at class. Bring your guitar, join Ford and get the music started! Don't have a guitar? Guitars may be rented from the instructor for \$50.

Instructor: Ford Giesbrecht, Eighth Note Music Location: Jennings Park Rotary Ranch

Age: Adult, 16 and older.....Cost: \$50

Course #: 13966 Mon April 20-May 18 7:00 - 8:00 pm

Brek Nebel is a resident of Marysville, WA and works as an avionics support technician. Growing up, pancakes were a staple in Brek's home and he has transformed a simple breakfast into a fun



family tradition by involving his 3 year old son in the cooking process and creating an artistic take on pancakes on a weekly basis. The process evolved from using pancake molds and colored batter into a method of sketching chocolate batter onto a griddle. His son provides the inspiration and color choices and Brek has created pancakes that look like lions, dinosaurs, bears, and even rhinoceroses.

COOKING & NUTRITION

Chocolate Made for Mom!

Make this Mother's Day one to remember by joining Simply Caketastic for a morning of chocolate indulgence with mom. Have fun creating chocolate lollipops, chocolate frosted cookies, chocolate dipped strawberries and more. Celebrate mom and her favorite thing: chocolate. Take home treats made. Price incl. adult and child. Did we say chocolate!?!

Instructor: Simply Caketastic Location: Jennings Park Barn

Age: Adult and 1 child age 8 and older......Cost: \$30 Course #: 14150 Sat May 10:00 am - 12:00 pm

Barista Basics Training

Learn the fundamentals needed to work in the coffee industry. Receive an understanding of coffee, French press, chemex, syrups, foaming, frothing, proportions, temperature and pulling shots. Participants will make lattes, mochas, cappuccinos, Americanos and iced drinks. Practice time, manual and a light lunch will be included. Taught by Kim Reynolds & Brandon Wilson. Supply fee of \$20 payable to instructor in class.

Instructor: Kim Reynolds

Location: Living Room Coffee House

Age: Adult, 16 and older......Cost: \$90 Course #: 14121 Sat June 13 9:00 am - 4:00 pm

Pancake Art

Join Brek Nebel in this inspiring workshop where you will learn to transform everyday pancakes into pieces of art your family will be amazed to eat. Using basic art techniques

and colored batter your pancakes will take on new life and bring excitement to breakfast. Brek's pancakes were recently featured on the Huffington Post, The Chew and The Meredith Vieira Show. Don't miss this hands-on workshop! Youth ages 4-15 welcome to attend with a registered adult. Bring a flat electric griddle, mixing bowl, spoon and spatula.

Instructor: Brek Nebel Location: Jennings Park Barn

Pancake owl

Age: Adult, 16 and older*.....Cost: \$25

(*Youth ages 4-15 are welcome to attend with a registered adult) $\label{eq:control} % \begin{center} \begin{c$

Course #: 14103 Sat May 30 10:00 am - 12:00 pm

SPECIAL INTEREST

Energy Healing for People and Animals - An Introduction

Learn about energy and how it plays a role in our health and the health of our pets. Covered in this workshop will be several energetic concepts including auras and chakras, understanding the human and animal energy systems, and the benefits energy healing has through stress reduction, relaxation and immune system support. Participants will experience energy work through hands on exercises. Melissa Bell is a Healing Touch for Animals® practitioner and a Reiki master. She enjoys working on people and animals of all kinds. (Please do not bring your pet to class.)

Instructor: Melissa Bell

Location: Jennings Park Rotary Ranch

Age: Adult, 18 and older......Cost: \$25 Course #: 13963 Sat April 11 10:00 am - 12:00 pm

Location: Community Center

Course #: 13965 Wed June 3 6:00 - 8:00 pm

Birding with Candy Brown - Hummingbirds

Join bird enthusiast Candy Brown in this informative course where you will learn about these smallest birds, with an emphasis on identification, their unique reproductive habits and how to attract them to your yard. These colorful, feisty creatures are fun to observe, and are great pollinators. Youth ages 12 and older are welcome to register if attending with a registered adult.

Instructor: Candy Brown Location: Jennings Park Barn

Age: Adult, 12 and older......Cost: \$17

Course #: 13970 Thu June 4 7:00 - 8:00 pm

Birding with Candy Brown - Owls and Raptors

Bird enthusiast Candy Brown will be your guide as you learn about the most common owls, hawks and eagles that live in our region. Discuss their habitats and where best to see them. Youth ages 12 and older are welcome to register if attending with a registered adult.

Instructor: Candy Brown Location: Jennings Park Barn

Age: Adult, 12 and older......Cost: \$17 Course #: 13971 Thu July 23 7:00 - 8:30 pm



Essential Oils - Creating Your Own Custom Fragrance Blends

Join us for a rich and fascinating workshop where you will learn about the power of smell. Fragrance is the invisible cosmetic with the ability to uplift and attract, protect or repulse. You will create your own natural custom fragrance blend using therapeutic-grade essential oils.

Instructor: Rietta Costa and Illuminata

Location: Jennings Park Barn

Age: Adult, 16 and older......Cost: \$15 Course #: 14124 Thu May 14 6:45 - 8:30 pm

Essential Oils - Give Yourself Aroma Love

Create your own custom products using natures finest gifts and therapeutic-grade essential oils. Learn how to make scented bath salts, body mists and bed & linen sprays, a brown sugar foot scrub, and heavenly fragrant whipped body butter. Recipes and samples included, plus you will be able to make your own custom fragrance spray to take home.

Instructor: Rietta Costa and Illuminata

Location: Jennings Park Barn

Age: Adult, 16 and older......Cost: \$15 Course #: 14123 Thu April 23 6:45 - 8:30 pm

Essential Oils - Spring Cleaning

From toxic to terrific! Learn how to replace chemical cleaning products and commercial bug repellants with essential oils. Instead of being poisoned while you clean and protect yourself, you can actually be getting aromatherapy! We will share many ideas and recipes for even better results from many of your everyday products. You will also receive samples to take home.

Instructor: Rietta Costa and Illuminata

Location: Jennings Park Barn

Age: Adult, 16 and older......Cost: \$15 Course #: 14125 Thu May 28 6:45 - 8:30 pm

ADULT ACTIVITIES

ARTS, CRAFTS & PHOTOGRAPHY

Driftwood Sculpture

Learn how to find and clean a piece of driftwood, then oil and finish it, turning it into an amazing piece of art. Artists and non-artists alike will enjoy driftwood sculpture with instructor Arline DePalma. Each student will be given a piece of wood in class. Please bring a towel with you.

Instructor: Arline DePalma

Age: Adult, 18	Cost: \$38		
Location: Fires	ide-C	ommunity Center	
Course #: 13205	Thu	May 7-28	12:30 - 2:30 pm
Course #: 13209	Thu	June 4-25	12:30 - 2:30 pm
Course #: 13210	Thu	July 2-23	12:30 - 2:30 pm
Course #: 13211	Thu	Aug 6-27	12:30 - 2:30 pm



Fused Glass Jewelry - Pendants

Have you seen the beautiful class jewelry at craft shows and jewelry stores and wondered how they do that? Fused glass jewelry artist Dolors Ruscha will show step by step how each individual glass piece is made as you make your own one-of-a-kind pendant using dichroic glass. You will earn glass fusing terminology, color coordination, glass lay out, etching, layering, and how to make channels for your chain cord. Wear close toed shoes and bring disposable gloves to class. Material fee \$30 for up to 3 pendants.

Instructor: Dolors Ruscha Location: Jennings Park Barn

Age: 16 and older......Cost: \$40 Course #: 14171 Mon May 4 6:00 - 9:00 pm

Gourd Carving & Decorating Studio

In this open studio format, gourds can be carved, woodburned and painted for a finished look. Bring your own project and tools. Share ideas and learn techniques from fellow artists.

Location: Community Center

Age: Adult, 18 and older......Cost: \$5 per visit

Tuesdays May-August 9:00 am - 12:00 pm

Woodcarving Studio

Learn how to carve beautiful things out of wood in this open studio format. Experienced and beginning wood-carvers welcome. Students teach one another and share techniques. Bring your own tools and decide what kind of project you would like to pursue. Bark, soft woods, toys, ornaments or burned wood are just a few projects you can complete. Many participants belong to the Quil Ceda Carvers group. This is mainly an adult class however, youth are welcome with an accompanying adult.

Location: Community Center

Age: Adult, 18 and older......Cost: \$3 per visit

Fridays May-August 9:00 am - 12:00 pm

Do you have a talent, hobby or class idea you would like to teach? Tell us about it!



City of Marysville Parks and Recreation is always looking for new ideas for classes, and instructors to teach them.

If you have a special talent or are interested in teaching a class that you are qualified to teach, call Recreation Coordinator Andrea Kingsford at (360)363-8400, or e-mail akingsford@marysvillewa. gov.

All instructors are independent contractors and not considered City employees. Pictured, Daniel Jolly, Owner of Clear Image Photography, Framing and Portrait Studio.

ADULT ACTIVITIES



Andy Porter

Growing up on the east coast I never experienced true wilderness until, when I was 16, I enrolled on a month long Outward Bound program in the Sawtooth Wilderness in Idaho. The experience was incredibly hard and rewarding, I was transformed! Soon after I

discovered the Pacific Crest Trail and with two friends we hiked all of Oregon.

From there my travels took me to all 50 states and more than 40 countries, exploring and adventuring.... and taking pictures.

Like many photographers in the beginning I was often disappointed in the images I managed to capture, and so in 2001 enrolled in a professional photography course. Learning the basics of aperture and exposure enabled me to create pictures that contained some part of the beauty I was seeing. Living in the North Cascades is a dream come true for me, not a day goes by that I am surprised at all the natural beauty around us.

Andy's image of Sahale Camp is currently on display at the Smithsonian Museum in Washington DC, as a part of the Wilderness 50 Celebration. You can see more of Andy work and read out his travels at: www. AndyPorterImages.com

Smart Phone Videography 101

Do you love to shoot video clips and photos with your smart phone but don't know what to do next? Join Michael Thomas of Insignis Media to learn how to transform your video clips and photos into videos you will want to share with friends and family. Learn the best length of clips to use for editing clips together, framing, editing, how to add music and more. Please bring a smart phone to class.

Instructor: Michael Thomas, Insignis Media Location: Jennings Park Rotary Ranch

Age: Adult, 16	ge: Adult, 16 and older		Cost: \$35
Course #: 14127	Wed	June 24	6:30 - 8:30 pm
Course #: 14140	Wed	Aug 12	6:30 - 8:30 pm



FOLLOW US for last minute calendar entries and announcements

Photography - Nature Photography

Come join wilderness photographer Andy Porter as he takes you through a 4-hour crash course on nature photography. Andy will discuss and demonstrate how to set your camera on manual, use of aperture to create depth and focus, composition basics and more tricks of the trade. Please bring your camera, lenses and filters you if you have them as well as some hiking boots for going outside (weather pending). Andy has been capturing images of the Great Northwest for more than a decade and his images have graced the covers of many local and national magazines, books and web sites. You can see more of Andy's work at: www.AndyPorterImages.com

Instructor: Andy Porter

Location: Jenning Park Rotary Ranch

Age: 16 and ol	der		Cost: \$60
Course #: 13953	Sat	May 9	1:00 - 5:00 pm
Course #: 13956	Sat	June 6	1:00 - 5:00 pm

Photography - Photo Composition and Basic Editing

This two-day, six hour session class covers Image Composition and Photo Editing. "Having an eye" for photography is definitely an acquired skill on day one of class. Once you learn the basic tools and practice, you'll have it. Subject placement, use of the horizon, reflections, leading lines, the Rule of Thirds, framing and more are included. You'll receive a photo assignment to complete before the next class. On day two, we'll



review together your assignment images and delve into how to edit your images on the computer, covering cropping, color adjustment, filters and other skills that will make your images pop! Bring your camera to class; if you have them, lenses, filters, a laptop with either Photoshop or Lightroom OR a CD with your jpg RAW images that you'd like to see edited. Wear outdoor shoes and clothes.

Instructor: Andy Porter Location: Community Center

Age: 16 and ol	der		Cost: \$100
Course #: 13954	Wed	May 13-20	6:00 - 9:00 pm
Course #: 13955	Wed	June 10-17	6:00 - 9:00 pm

ADVENTURES/TOURS



Adventures and Tours with Recreation Without Borders

Get ready for adventure! Choose the tour and Recreation Without Borders will take care of the details. From the comfortable van ride, to the exciting

locations and the wonderful staff you will be sure to have a great time on your worry-free day. Tours are for adults and family members ages 12 and older (under 18 must attend with a registered adult).

Adventure Checklist:

- Meet at Marysville Municipal Court Parking Lot, 1015 State Ave.
- Bring money for food and purchases.
- Bring snacks for the van ride, too.
- Wear weather-appropriate clothing and comfortable walking shoes.
- Bring completed Recreation Without Borders release forms. Forms are available online at: http://recreationwithoutborders.com

Garden Gems of the South Sound

Join outdoor enthusiast Sue Cottrell for a great day exploring award-winning horticulture oases in the South Sound. First stop, the awe-inspiring PowellsWood. Located above Redondo Beach, PowellsWood provides the visitor with a beautiful pleasure garden, with 7 lush garden rooms rich in color and texture. Walking paths, a meandering stream and pond gently blend into the forest and ravines showcasing the amazing collection of over 1,000 species of trees, shrubs and perennials. Then take a break for a no-host lunch along the nearby waterfront before heading over to the Soos Creek Botanical Garden and Heritage Center. Pairing the experience of strolling amid inspirational, mature gardens with the fascinating local history, this gem of a garden is like none other! Bring money for a no-host lunch and purchases. Don't forget your camera! REGISTRATION DEADLINE Friday, May 22.

Age: Adult, 12 and older......Cost: \$79

Course #: 14105 Sat May 30 8:30 am - 4:30 pm

Historic Steveston, B.C.

Steveston was one of the most important ports in North America at the height of the salmon-canning industry. Today the quaint village is still one of the largest commercial fishing ports in Western Canada but also boasts many other wonderful tourist attractions, including the Gulf of Georgia National Historic Cannery. Participants will enjoy a guided tour of the historic Canning Line complete with award-winning museum exhibits and a video. Time will be set aside to explore the lovely waterfront area, peruse the seasonal Steveston Farmers and Artisans Market, stroll to Garry Point Park, and enjoy a delicious no-host lunch at one of the many wonderful waterfront cafes and eateries. Please note: Proof of citizenship (current passport, DMV enhanced driver's license or NEXUS card) is required to cross the border. REGISTRATION DEADLINE Friday, May 29.

Age: Adult, 12 and older......Cost: \$72

Course #: 14106 Sun June 7 9:00 am - 5:30 pm

Deception Pass Boat Tour

Here's one fantastic outing you won't soon forget! You'll be whisked away to Whidbey Island and visit some of its most loved and visited locations. First stop, lovely LaConner where you'll have time to enjoy wonderful sights, sounds, smells and of course, shops! Next up, Rosario Beach and Bowman's Bay. Once here you'll explore the endless beach and tidal pools, enjoy a picnic lunch and learn about the creation of the state's most visited park. Next stop, Deception Pass Boat Tours. Board the Island Whaler and learn not only about the Deception Pass Bridge and area, but you'll see it like never before! Last stop, Snowgoose Produce, home of 'immodest' ice cream cones and farm fresh Skagit Valley produce! Pack a sack lunch, water & snacks for the first part of the day. Bring money for extra food and purchases. Don't forget your camera & binoculars! REGISTRATION DEADLINE Friday, July 10.

Age: Adult, 12 and older......Cost: \$79

Course #: 14107 Sat July 25 9:30 am - 5:00 pm

North Cascades Lake Diablo Boat Tour

All aboard for this amazing adventure! Travel the picturesque North Cascades Highway to the North Cascades Institute's Environmental Learning Center on Diablo Lake. Once here you'll explore the beautiful surroundings and meet knowledgeable staff during a brief orientation. Next up, take a short interpretive walk (or jump on the shuttle) to board The Cascadian. Once aboard you'll glide the lake enjoying all the breathtaking scenery while learning about the origins of Ross, Diablo and Gorge dams and of course, clean and renewable energy. After the tour, enjoy a delicious lunch back at the NCI and visit their unique bookstore and gift shop. The drive home offers one last stop for a no-host ice cream treat at Cascadian Farms near Rockport. LUNCH IS INCLUDED in your registration fee. Bring money for other food and purchases. Don't forget your binoculars and camera! REGISTRA-TION DEADLINE Monday, Aug. 3.

Age: Adult, 12 and older......Cost: \$119

Course #: 14108 Sat Aug 15 8:30 am - 5:00 pm

Ken Baxter Community Center







Ken Baxter Community Center, 514 Delta Ave.



Marysville's Ken Baxter Community Center in downtown Comeford Park offers recreation and social activities, as well as educational opportunities and intergenerational programs catering to all ages. Friendly Community Center staff and volunteers are available to help you discover ways that make the Community Center your home away from home.

A variety of activities are offered this fall including:

- Aerobics
- Clogging
- Genealogy
- Canasta
- Pinochle
- Bridge
- Driftwood Sculpture
- Gourd Arts
- Wood Carving
- Scrabble

- Mah Jongg
- Defensive Driving
- Legal Assistance
- Chair Massage
- Book Club
- Movie Day
- Trips
- Special Events
- Caregiver
 Support Group

Ken Baxter Community Center remains closed for renovations

The Ken Baxter Community Center remains closed during renovation. Our temporary quarters are located in the Rotary Ranch at Jennings Park at 6915 Armar

Road.
Renovation of the Community
Center is anticipated to be
completed by mid-April.New
flooring, and painting of both
the interior and exterior will
be accomplished, as well

We anticipate opening the doors the final week of April 27.

as new carpeting installed

throughout the Center.

We ask that you stay tuned to the City's website for final opening dates and times, visit our facebook page for updates, or call us at (360) 363-8400



Center Information:

Monday - Thursday • 9AM to 4PM Friday • 9AM to Noon (360) 363-8450

CEDARCREST GOLF COURSE

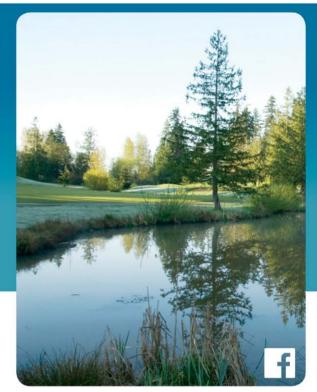


Cedarcrest Golf Course ~ 6810 84TH Street NE, Marysville WA 98270 (360) 363-8460 • www.CedarcrestGC.com

Cedarcrest Golf Course is now part of the Premier Golf Family!

Enjoy crisp mountain views and the Puget Sound, professional Pro Shop and pub style Bleachers Grill for a memorable outing at the most established golf course in Snohomish County. Cedarcrest Golf Course is a favorite for golfers of all skill levels. An abundance of mature evergreen trees line the fairways, natural water features are plentiful and the addition of 52 sand bunkers installed in 2010 guard the small undulating greens. Measuring just under 6,000 yards with a par of 70, the course is not long by today's standards, but golfers must be on their game if they wish to score.

To make a tee time reservation, please call 360-363-8460.



Spring and Summer 2015

Pro Shop Hours - 7:00AM - Dusk

Rates April 1 – Sept. 30, 2015 (excluding holidays)

Weekdays M-F (excluding holidays)18 Hole	9 Holes
Regular Rate\$32	\$20
Senior (55 Years+)\$25	\$16
Military\$25	\$16
Junior\$16	\$15
Early Bird\$23	N/A
Twilight\$21	N/A
Wl	

Weekends Sat/Sun & Holidays

Twilight Rate \$21	N/A
Cart Fees	
Regular (per rider)\$14	\$8
Twilight (per rider)\$9	\$8

Regular Rate......\$37

Trail Fee\$8

Current Fees (all include 8.8% sales tax)

Cedarcrest Junior Golf - Summer Camps

Junior Golf summer camp announcements will be available April 1st. Please check the website, www.CedarcrestGC.com for more information.

Cedarcrest Golf Course now has a FREE Mobile Application!!

The free Cedarcrest Mobile App is available in the Apple App Store and the Android Market by searching "CedarcrestGC".

Our FREE Cedarcrest App offers:

- Interactive Scorecard
- 3-Click Tee Time Bookings
- Free GPS
- Hole Descriptions & Playing Tips
- Live Leaderboards
- Course Tour

\$21

\$5

\$8

- Share your Rounds on Facebook
- · App only Special Offers



Join the Marysville Premier Club!

One Club, Thirteen Courses!

Whether you are a Premier Golf Club Member in Marysville, Everett, Lynnwood, Bellevue, Seattle, Maple Valley or Pierce County, your card is now accepted at all 13 Premier Managed Courses!

- Earn discounts up to 20% on Green Fees, Golf Carts & Range Balls!
- Special PGC Pricing on Select Merchandise and Lessons.



Marysville Parks and Recreation



Mission Statement

"Our focus is to enhance the quality of life by providing beautiful parks, open spaces and exceptional recreational and athletic programs"

Mike Elmore, Chair • Kay Smith • Gayle Bluhm Mike Leighan • Andy Delegans • Jodi Condyles Brooke Hougan • City Council Liaison: Kamille Norton

Park Board meets the second Wednesday of every other month in odd-numbered months (January, March, etc.), 7 p.m., in Jennings Park Barn, 6915 Armar Road.

Department Staff

Jim Ballew	Parks and Recreation Director
Tara Mizell	Parks & Recreation Services Manager
Mike Robinson	Parks Maintenance Manager
Maryke Burgess	Community Center Manager
Andrea Kingsford	Recreation Coordinator
Doug Buell	Recreation Coordinator
Dave Hall	Athletic Coordinator
Jane Shafer	Administrative Secretary

Main Office: Jennings Memorial Park

6915 Armar Road, Marysville, WA 98270 • (360) 363-8400. Hours: Monday-Friday • 8am-5pm (lunch closure 1-2pm)

All classes and activities offered through the Marysville Parks and Recreation Department may be paid for by cash, check, money order or - whether in the office or through Marysville ePlay online registration - by major credit card (Discover card online only; not in office). Unless otherwise specified, make check/money order payable to "City of Marysville."

Please note that pre-registration is required for all classes appearing in this Activity Guide. Please call (360) 363-8400 for a copy, or visit the Parks and Recreation Office in Jennings Memorial Park, 6915 Armar Road, Marysville, WA 98270 for registration information.

Parks and Recreation staff and the Parks Advisory Board are fully committed to meeting your recreational and leisure-time needs. Share your comments and concerns at the number listed above, or write us.

City of Marysville Rental Facilities Available for Various Special Events



Jennings Memorial Park Barn

6915 Armar Rd.

Capacity	. 50
Cost per/hr	. \$15 (up to 4 hours)
Cost per/day	. \$95*

Conveniences











Barbecue Shelter

6915 Armar Rd. (seasonal)

Capacity	50
Cost per/hr	n/a
Cost per/day	\$65

Conveniences









Lions Centennial Pavilion

6915 Armar Rd. (seasonal)

Capacity	50
Cost per/hr	n/a
Cost per/day	\$65

Conveniences











Ken Baxter Community Center

514 Delta Ave.

Capacity 100
Cost per/hour (Mon-Thur) \$35*
Cost per/hour (Fri-Sun) \$45*











Hours: Monday - Thursday 9am-4pm • Friday 9am-Noon

The Community Center is available evenings and weekends only. Call (360) 363-8450 for more information.

* Deposit required for barn and community center rentals.

LEGEND













REGISTRATION & CLASS INFORMATION

Registration Made Even Easier!



ONLINE ePlay

Register online at ePlay: http://marysvillewa.gov and click on the green ePlay box in the center of the page.



MAIL

Complete a registration form. Please include check or money order payable to "City of Marysville" for the amount of class(es) and mail to:

Marysville Parks & Recreation 6915 Armar Road Marysville, WA 98270



WALK IN

Register in the Parks and Recreation Office located in Jennings Memorial Park.



CALL US

(360) 363-8400 for more details. FAX (360) 651-5089

CANCELLATIONS

If your class is cancelled, we will notify you by phone. You will receive a full refund if the class is cancelled.

REFUNDS

Written request for refund received in the Parks & Recreation Office no less than 5 working days prior to the first day of class will be refunded, less a \$10 administrative fee.

Refunds take a minimum of 15 days to process.

Refund Policy Information

The Marysville Parks & Recreation Department wishes to provide you with the highest quality recreation program possible and ensure your satisfaction. If you are dissatisfied with the quality of your instructor, facility, or any other program component, please call us at (360) 363-8400, and we will be happy to address your concerns.

All requests for refunds must be in writing. (Please allow 2-3 weeks for processing.)

Recreational Activities

- 1. Participants will receive a full refund if the class is cancelled by the Parks Dept.
- 2. Refunds requested 5 working days prior to the first class would receive a full refund, less a \$10 administrative fee.

Adult Team Athletics

- Once a team's entry fee is submitted to the Park Office, a \$25 service charge will be assessed when a team withdraws from the league prior to the scheduling process.
- Teams requesting a refund after game schedules have been completed will be refunded, less a \$150 cancellation fee
- 3. Refunds will not be issued for any reason after the start of league play.
- 4. Refunds will be made to the person listed as head coach/manager of a team.

Youth Athletics

- 1. Participants requesting a refund in writing prior to the team's scheduled second practice of the season will receive a full refund. (Less \$10 administrative fee.)
- 2. Refunds will not be issued after the second practice has taken place.
- 3. Injuries prohibiting continued participation in the Marysville Parks and Recreation Departments youth athletic programs are subject to pro-rated refunds.

Special Events and Facility Rentals

- 1. Participants requesting a refund in writing 10 working days in advance of the rental will be refunded, less a \$10 administrative fee.
- 2. Refunds will not be issued if a refund request is made later than 10 days prior to rental.
- 3. No refunds will be given on trips or special events, unless there is someone on a wait list to fill the vacancy.



LIKE US for last minute calendar entries and announcements



FOLLOW US for last minute calendar entries and announcements

PARKS & RECREATION NEWS



Learn four basic steps to recognize people with thoughts of suicide and connect them with suicide first aid resources.

safeTALK

The City of Marysville, Marysville School District and Tulalip Tribes invite you to attend safeTALK, suicide alertness for everyone. safeTALK teaches members of the community to recognize people with thoughts of suicide and to connect them to suicide first aid resources. This half-day workshop offers a carefully crafted set of helping steps and the use of creative educational processes to make it possible for attendees to leave safeTALK willing and able to be suicide alert helpers. safeTalk is for everyone who wants to help prevent suicide; frontline workers, clergy, volunteers, parents, youth, teachers, law enforcement....anyone who wants to help with suicide prevention. Taught by Pat Morris, MPHC Senior Director of Behavioral Health of Volunteers of America Western Washington.

Instructor: Pat Morris

Location: City Hall Council Chambers

Age: Adult, 15 and older......Cost: \$10

Course #: 14143 Sat. May 2 9:00 am - 12:00 pm

For up-to-date information from the Community Recovery Committee, visit their website at http://mtunited.org

Noon Rotary Club transforms Jennings Park Rotary Ranch

The former Petting Zoo building located in Jennings Memorial Park is now a thriving community resource through a partnership with the Marysville Noon Rotary Club and Community Development Block Grant (CDBG) funds. The new Rotary Ranch has been transformed into a community facility dedicated to community program offerings and continuing education classes and programs. Marysville Noon Rotary contributed nearly \$57,000 in grant funds and labor, which was matched with a \$28,000 CDBG grant. The project was accomplished by the following Rotarians, who volunteered nearly 300 hours on the project: Harv Jubie, Mike Leighan, Larry Jubie, Dennis Kendall, Tom Thetford, Geoff Brown and John Myers.



City seeks volunteers for beautification, other Clean Sweep projects in April

The City of Marysville invites volunteers and volunteer groups to step up and show their civic pride by helping tackle cleaning and beautification projects that will make Marysville a safer, attractive and more livable community,

Clean Sweep volunteer activities on tap during April include:

Saturday, April 11

♦ Join in community volunteer cleanup of Mother Nature's Window park site at 100th Street and 55th Ave., or beautification projects at the City's key gateways and along major roads. For details, call Park Maintenance Manager Mike Robinson at (360) 363-8406.

Saturday, April 18

◆ Free Community Shred-a-Thon

9 a.m.-noon (or until trucks full) City Hall parking lot, 1049 State Ave. PC & Computer Devices recycling and Styrofoam disposal available. Call (360) 363-8408 for details.

Saturday, April 25

Earth Day Celebration & Tree-Planting Event

10 a.m.-2 p.m.

Jennings Memorial Park. Volunteer work will consist of tree plantings and cleaning up wetland areas. Interactive booths on site. All ages welcome. Tools, gloves, water, snacks provided. For info, call Park Maintenance Manager Mike Robinson at (360) 363-8406

PARKS & RECREATION NEWS

Parks & Recreation Report from the Mayor

Last year was an outstanding year for our parks and trails system. We opened Doleshel Park in February, a new passive park built with great thanks to volunteers with the Church of Jesus Christ of Latter Day Saints - Marysville Stake.



The Spray Park opened with a splash in June, drawing 38,000 visitors downtown in its first year. This free new attraction in Comeford Park is a place where families can find a refreshing new way to enjoy fun in the water on hot summer days. We kicked off a new maintenance program to add much-needed improvements into our neighborhood parks. We started in Foothills Park, and will focus

on two neighborhood parks per year. This year, look for improvements at Tuscany Park and Parkside Way Park.

In 2014, we finished the second phase of Bayview Trail, a 1.2-mile paved pathway that extends from SR 528 north to 84th Street NE. Our long-term goal is to connect with the Centennial Trail. We can't talk about trails without mentioning the proposed Qwuloolt Interpretive Trail. This project with eco-tourism potential would connect Ebey Waterfront Park to the Tulalip Tribes' Qwuloolt Estuary Restoration Project area, giving visitors an up-close view of intertidal marshlands wildlife and flora, while forging a renewed respect for the historical role this area plays in restoring salmon habitat.

Get the most out of this summer with our lineup of community events and entertainment including Healthy Communities Challenge Day June 6, and our free concerts and movies series.

Lastly, while you are getting the most out of your favorite parks this year, help the City keep them clean by picking up and packing out garbage so that everyone can have a great experience in our parks. Have an enjoyable summer.

Jon Nehring, Mayor





Marysville Parks & Recreation and Marysville School District are pleased to present FREE Fit Saturdays! Bring a friend and come out to get fit this summer with a variety of fitness including Zumba to boot camp, running and more. Each week will feature a different style of fitness. Whether you have been wanting to try something new or are looking for a fun way to get out and meet people this, you will love FREE Fit Saturdays. Perfect for families, individuals and friends. Pre-registration is not required. Each week is hosted by a different organization:

Week 1 - July 11: Journey Fitness

Week 2 - July 18: PA Fitness

Week 3 - July 25: Anytime Fitness

Week 4 - Aug. 1: Marysville Parks & Recreation

Week 5 - Aug. 8: YMCA

Week 6 - Aug. 15: Marysville School District

Come to one week, or join them all. The final week will be a fun run through Jennings Park.

Location: Totem Middle School - Asbery Field

Age: All Ages......Cost: Free Course #: 14170 Saturdays 9:00 am - 10:00 am

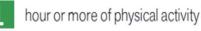
5210 initiative shares simple steps toward a healthier life

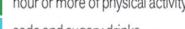
The City of Marysville is a strong supporter of the 5210, a community-based initiative that promotes healthy lifestyle choices for children and families. Healthy choices are easier to make in a healthy environment with access to healthy foods and physical activity.

or more fruits and vegetables



hours or less of recreational screen time







soda and sugary drinks - more water and low-fat milk

Healthy Communities



Hula Hooping

June 6, 2015 • 10AM to 2PM

Allen Creek Elementary School • 6505 60th Drive NE • Marysville

Join us at the 7th Annual Healthy Communities Challenge Day and get started on healthier living this summer. Activities and events include local health and fitness agencies, kids arts and crafts, plant seeds, fitness demos, giveaways, healthy food vendors, suppliers and more!



Marysville-Pilchuck HS Drumline

FREE FAMILY FUN

Hot Dog Jumpers & Jump Rope Giveaway Hula Hoop Demonstration & Hoop Giveaway Marysville-Pilchuck High School Drumline **Rising Stars Gymnastics Team Demonstration**





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For more info call (360) 363-8400 or visit www.marysvillewa.gov





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